

# March 2024



*All activities have been changed to provide more opportunities for the youth!*

*Limited Transportation is available with a 24 hours in advance notice.*

## **Remind App**

**Text the following code to the phone number 81010 to receive reminders!**  
**(St. George Only)**

**Younger Youth (5-10) :**

**@e2ead8**

**Middle and Older Youth (11-24):**

**@d4ge83c**

# ***Monthly Activities***

## ***Hurricane***

March 4th & March 25th  
Meet at the Hurricane  
Community Center @ 4pm:  
63 S 100 W, Hurricane UT  
84737 in room 102.  
Contact Jill @ 435-359-7637

## ***Cedar City***

March 12th at 3:30pm  
March 26th at 3:30pm  
Meet at the Cedar City  
office and Contact Jeanne  
@ 435-704-4798

## ***St. George***

*Tuesdays*

Mar. 5th: Younger Youth (5-10)  
Mar. 12th: No Activity  
Mar. 19th: Middle Youth (11-15)  
Mar 26th: Older Youth (16-24)  
Contact Kayla @ 435-218-2199

## ***Transitions: Hygiene***

*Thursdays @ 4pm (15-21)*

Mar. 7th: Visit @ Laundromat  
Mar. 14th: No Activity  
Mar. 21st: Soap and Hands  
Mar. 28th: Mobile Dental  
Presentation



# ***Support Groups***

## ***Traumatic Brain Injury Support Group***

*Ages 16 +, 1st Tuesday of the Month @ 6pm*

*Wendy Moore is our facilitator and has personal experience with TBIs. Come have fun with others like you!*

## ***OGs/Aspergers Support Group***

*Ages 18-24, 4th Tuesdays each Month*

*Anyone with a diagnosis of Asperger's (Autism Spectrum)!  
Come meet others in the same boat as you :)*

## ***ATIG/NFB State Meeting***

*Anyone with Low Vision/Blindness and questions on Assistive Technology, 1st Tuesday of the Month @ 12pm  
Have questions about assistive technology that can help you with your vision? Come learn from the National Federation for the Blind and the state of Utah!*

## ***WheelChair Support Group***

*Ages 18 +, 3rd Tuesday of the Month @ 5:30pm*

*For anyone in a wheel chair that is looking to connect, share, and relate to one another! Location varies.*

*Contact Jamie Moore at 435-673-7501 for more information!*

# ***Big Brothers, Big Sisters***

Hello Parents!

Big Brothers Big Sisters is looking to enroll youth between the ages of 6 and 16 to join our program! Some of the children we serve are ethnically diverse, live in a single-parent household, may be living in poverty or just have a need for a mentor in their life. BBBS does not have income guidelines and we pride ourselves on being all inclusive.

Your child may be matched with a same-gender, carefully-screened volunteer mentor called a "Big" who will take your child out on fun outings a few times each month. Participation in the program can reduce risky behaviors, increase educational achievement and college planning, boost self-confidence and increase social acceptance. Visit <https://bbbsu.org/get-a-mentor/> to apply or contact Becky (435-559-2812) for more information.

Scan the code below to apply!







# DONUT Dash 5K

**Run, Walk, and Roll for donuts!!**

**March 23rd 2024  
9:30 a.m.**

FEE: \$20 FOR COMMUNITY MEMBERS  
\$5 FOR PARTICIPANTS UNDER 16 OR PEOPLE WITH  
DISABILITIES.

LOCATION: CROSBY CONFLUENCE PARK  
2099 S. CONVENTION CTR. DR., ST. GEORGE,  
UTAH

**Register through the RRCI website:  
<http://www.rrci.org>**